

## Sample Schedule

8:00 am to 9:00 am	<b><u>Wake UP and Enjoy the Day</u></b> <ul style="list-style-type: none"> <li>✓ Get ready for the day</li> <li>✓ Change out of your PJ's</li> <li>✓ Make, eat and clean up breakfast</li> </ul>
9:00 am to 9:30 am	<b><u>Academic Learning – MATH</u></b> <b><u>Day 1, Design your learning space</u></b> <ul style="list-style-type: none"> <li>✓ Students create a space in their home where they will be learning</li> <li>✓ Create a map of your space</li> <li>✓ Label your map</li> <li>✓ Write a summary of how your learning space will help you learn</li> </ul> <b><u>Day2-5, Math Activities</u></b> <ul style="list-style-type: none"> <li>✓ Use dice or cards to create a math game</li> <li>✓ Use dice or cards to create math problems and solve them</li> <li>✓ Create a scavenger hunt that includes finding math shapes</li> <li>✓ Create a story problem that includes a graph</li> <li>✓ Measure items in your house in inches and feet</li> <li>✓ Create a Venn Diagram that compares two or three things</li> <li>✓ Make your own math problem sheet and solve them</li> <li>✓ Go to your favorite math on-line program or app to practice your math skills</li> </ul>
9:30 am to 10:00 am	<b><u>Movement</u></b> <ul style="list-style-type: none"> <li>✓ Stretch</li> <li>✓ Do your favorite exercises</li> <li>✓ Shake your body out</li> </ul>
10:00 am to 10:30 am	<b><u>Academic Learning, Literacy</u></b> <ul style="list-style-type: none"> <li>✓ Read a book either online or one you already have</li> <li>✓ Retell the story to another person</li> <li>✓ Explain your favorite part of the story</li> <li>✓ Write a letter to the character you most connect with in the story</li> <li>✓ Have someone ask you questions about the story</li> <li>✓ Create a diorama after you read story, include the setting and characters</li> </ul>
10:30 am to 11:00 am	<b><u>Brain Breaks</u></b> <ul style="list-style-type: none"> <li>✓ Jumping jacks</li> <li>✓ Jump rope</li> <li>✓ Put a puzzle together</li> <li>✓ Color a picture</li> <li>✓ Design an obstacle course through your home</li> <li>✓ Play hopscotch</li> <li>✓ Play cards</li> </ul>
11:00 am to 12:00 pm	<b><u>Unplugged Activities</u></b> <ul style="list-style-type: none"> <li>✓ Explore kitchen pantry or cabinets choose 10 items and write down all the places the items come from</li> <li>✓ Create a personal flag that describes you and your family</li> <li>✓ Sit in silence for 3-5 minutes, write down every sound you hear, draw a picture of the sounds you hear</li> <li>✓ Build three different types of paper airplanes but use the same kind of paper and test the airplanes to see which one flies the furthest</li> </ul>
12:00 pm to 12:30 pm	<b><u>Writing: Journaling and other kinds of writing</u></b> <ul style="list-style-type: none"> <li>✓ Plan a menu</li> <li>✓ Create a recipe with directions</li> </ul>

12:00 pm to 12:30 pm	<ul style="list-style-type: none"> <li>✓ Describe a time you solved a problem. In your description, state the problem and the steps you took to solve it</li> <li>✓ Imagine you have invented a time machine. Describe the year you travel to. Decide the place you travel to. Imagine what life is like in that place during that time and write about it. Research during Screen Time if necessary</li> <li>✓ Reflect and write about a topic/theme that read about during Literacy Time. Discuss what your thought and felt about the topic/theme</li> <li>✓ Write a letter to yourself in the future</li> </ul>
12:30 pm to 1:00 pm	<b><u>Lunch/Recess Free Choice</u></b> <ul style="list-style-type: none"> <li>✓ Make lunch and clean up</li> <li>✓ Go for a walk with your family and/or pet</li> <li>✓ Play a board game</li> <li>✓ Figure out the number of steps it takes to make a mile</li> <li>✓ Dance to music</li> <li>✓ Learn a new dance</li> </ul>
1:00 pm to 1:30 pm	<b><u>Creative Minds</u></b> <ul style="list-style-type: none"> <li>✓ Write a play</li> <li>✓ Act in play</li> <li>✓ Play with playdough, silly putty, slime, etc.</li> <li>✓ Draw/paint a picture</li> </ul>
1:30 pm to 2:00 pm	<b><u>Screen Time</u></b> <ul style="list-style-type: none"> <li>✓ Enjoy your favorite app</li> <li>✓ Read a book online</li> <li>✓ Research something you're interest in</li> <li>✓ Take a virtual tour of a company/country/museum</li> <li>✓ Look at maps</li> </ul>
2:00 pm to 2:30 pm	<b><u>Unplugged Activities</u></b> <ul style="list-style-type: none"> <li>✓ Create your own postcard</li> <li>✓ Write a letter</li> <li>✓ Read a book, magazine, poetry or song lyrics</li> <li>✓ Write your own story and illustrate it</li> <li>✓ Make origami</li> <li>✓ Make a fort</li> <li>✓ Design a scavenger hunt</li> </ul>
2:30 pm to 3:00 pm	<b><u>Music/Drama</u></b> <ul style="list-style-type: none"> <li>✓ Sing a song</li> <li>✓ Write a song</li> <li>✓ Play an instrument</li> <li>✓ Make an instrument</li> <li>✓ Create a dance</li> <li>✓ Listen to music of various genres</li> <li>✓ Draw a self portrait</li> </ul>
3:00 pm to 3:30 pm	<b><u>Household Chores</u></b> (see family for guidance) <ul style="list-style-type: none"> <li>✓ Fold laundry</li> <li>✓ Clean room</li> <li>✓ Organize a space</li> <li>✓ Pull weeds</li> <li>✓ Take out trash</li> </ul>